

School Nursing:

Information for young people, parents,
carers and professionals



Who is in the School Nursing Team?

- **School Nurses** are qualified nurses with additional training in public health for children, young people and families (Specialist Community Public Health Nurses).
- **Staff Nurses** are qualified nurses who work closely with the school nurses.
- **School Nurse Support Workers** are team members who have undertaken specific training to enable us to undertake hearing and vision screening and the National Childhood Measurement Programme.

The role of the School Nursing Team

The School Nursing Team aims to work with children, young people and their families to enable them to play an active role in making healthy life choices. We want to support children and young people to reach their full potential.

Confidentiality and consent

The School Nursing Team provides a confidential service. This means that you can discuss personal information in private and we would discuss with you before it is shared. If we feel a young person is at risk of harm then we would need to share this information with appropriate professionals but whenever possible we would discuss this with you first. Our contacts with you are recorded on a computerised confidential health record.



What support does the School Nursing team provide?

One to one appointments to undertake health assessments

Support and advice about:

- Emotional wellbeing
- Growing up, sexual health and healthy relationships
- General health e.g. sleep, healthy lifestyles
- Transition on starting school, moving to high school and leaving school
- Managing health conditions in school
- Smoking cessation
- Alcohol and drug misuse
- Advice on accessing other health services

Hearing and vision screening (Reception age)

Requested hearing tests

National Childhood Measurement Programme(Reception & Year 6)

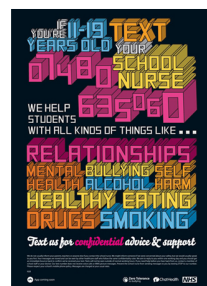
High school drop-in sessions

Text messaging service for 11-19 year olds (ChatHealth)

How to make a referral

Young people in high school can self refer in the following ways:

1. Attending your school nurse drop in
2. Complete a young person self referral form which is available in school.
3. Texting ChatHealth 07480 635060



For further information about this service contact:

The service is available Monday to Friday, 9-5pm, including school holidays.

For further information on the services we provide, to make a referral or request an appointment with a member of the School Nursing Team, please contact our Duty Office. Tel: 01362 654916 or email:

CCS-TR.SchoolNursing@nhs.net



If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any concerns about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on Freephone 0800 013 2511 or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.